

Ashland Outdoor Track & Field Top 10 Performance Lists

Girls Top 10	Name	Year	Event	Boys Top 10	Name	Year
12.3	Alyssa Zee	2016	100m	11.18	Anthony Santiago	2023
12.73	Elena Pellegrini	2017		11.2	Isaac Ayres	2024
12.83	Carly Muscaro	2011		11.22	Kyle Rudolph	1998
12.95	Isabella Tirabassi	2017		11.34	Keshawn Graham	2024
13.04	Natalia Melnick	2024		11.38	Johnny Hampson	2021
13.35	Madison English	2021		11.54	Greg Deshommes	2024
13.38	Allison Waterhouse	2009		11.6	Tom Hamilton	2014
13.48	Kala Dawkins	2012		11.73	Colin Hanrahan	2017
13.54	Gina MacDonald	2024		11.87	Chase Abrams	2021
13.7	Ellen Child	2024		11.94	Max Govan	2024
24.46	Alyssa Zee	2016	200m	23.13	Cole Lewis	2024
26.21	Elena Pellegrini	2019		23.23	Christian Navaro	2012
26.85	Sabryna Reyes	2017		23.24	Mathew Long*	2019
27.18	Lauren Donovan	2024		23.3	Sean Kane	1985
27.24	Madison English	2021		23.4	Tom Hamilton	2014
27.62	Meredith Daly	2009		23.59	Michael Long	2023
27.74	Ava Dittenhafer	2024		23.67	Patrick Ezech	2022
27.92	Katie Landry	2018		23.67	Anthony Santiago	2023
27.93	Natalia Melnick	2024		23.71	Declan Vento	2024
27.99	Emma Arsenault	2021		23.77	Man VanDerSchijff	2007
58.16	Carly Muscaro	2012	400m	49.94	Mathew Long	2021
58.81	Lauren Courtney	2005		51.18	Michael Long	2023
1:00.26	Ava Dittenhafer	2024		52.25	Justin Davis	2010
1:01.80	Emma Arsenault	2021		52.69	Ben Markanac	2005
1:02.12	Lauren Donovan	2024		53.24	Declan Vento	2024
1:02.98	Heather Turner	2018		53.65	Nick Colavita	2016
1:03.88	Meredith Daly	2010		53.82	Jeremy Butkus	2017
1:05.93	Sydney Jablonowski	2015		53.84	Felipe Carvalho	2024
1:06.34	Abby Ellis	2024		53.9	Noah Arnold	2024
1:07.73	Emily Finnegan	2015		53.93	Justin DeChaves	2012
2:20.05	Hannah Daly	2012	800m	2:01.06	Colin Mahoney	2013
2:24.24	Sadie Gilhooly	2024		2:02.53	Hunter Meigs	2024
2:27.55	Kristen Mahoney	2015		2:03.13	Justin Davis	2009
2:30.25	Kathryn English	2023		2:08.44	Will Child	2024
2:34.75	Katie Landry	2018		2:10.02	Nathan Weidlich	2024
2:35.57	Madison Zelif	2015		2:13.15	Michael Temple	2023
2:43.37	Anni Moore	2013		2:14.31	Nathan Gelfand	2024
2:45.63	Isha Parasnis	2014		2:16.07	David Ball	2021
2:47.79	Paulina Chumakov	2017		2:16.53	Kevin Rabidou	2017
2:48.35	Eveline Reddington	2013		2:19.41	Chris Kourtelidis	2018

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5:14.70	Sadie Gilhooly	2024	1 Mile	4:20.5	Rich Arminio	1973
5:23.51	Anna Novakowski	2005		4:32.57	William Child	2024
5:24.22	Sophia Warnetski	2024		4:35.02	Ryan Milewski	2013
5:35.86	Madeleine Callahan	2024		4:49.22	Nicholas Davis	2014
5:40.32	Genna Heaps	2014		4:52.0	Davis Robustelli	2024
5:40.36	Madison Zelif	2014		4:52.0	Hunter Meigs	2024
5:40.69	Kathryn English	2023		5:00.44	Kevin Rabidou	2018
5:41.09	Brittany West	2003		5:01.08	Dintino Ethan	2022
5:44.66	Hannah Daly	2010		5:13.09	Rene Boiteau	2005
5:44.76	Meredith Reilly	2023		5:14.37	Nathan Gelfand	2023
11:46.33	Sophia Warnetski	2024	2 Mile	9:07.8	Jeff DeAlmeida	1982
11:56.61	Meredith Reilly	2023		10:14.42	William Child	2024
11:56.67	Sadie Gilhooly	2023		10:24.66	Davis Robustelli	2024
11:57.7	Cheryl Fish	1981		10:43.48	Carson Bozyczko	2023
12:34.69	Brook Boulanger	2022		10:53.00	Nicholas Davis	2014
12:38.18	Diane Laquidara	2013		11:04.94	Brody Bosworth	2024
12:56.8	Madeleine Callahan	2024		11:13.25	Kael Zelinsky	2019
12:58.53	Genna Heaps	2014		11:22.22	Matthew Shuhy	2022
13:19.85	Elizabeth Mcsweene	2021		11:30.80	Michael Celatka	2022
14:00.74	Jane Goss	2024		11:45.46	Peter Kirk	2011
15.9s	Cassandra Wheeler	1986	100/110m Hurdles	16.4s	Ali Salimi	1987
16.64c	Samantha Otten	2010		16.5	Gerry Angelini	1986
16.64	Chloe Covell	2016		16.7	Ryan Kaufman	2024
16.80 (-0.2)	Katie Landry	2017		17.96	John Almeida	2015
17.7	Lauren Kelleher	2003		18.01	Thomas Marsh	2012
17.96	Sydney Jablonowski	2016		18.48	Dimitri Rozakeas	2024
18.7	Nina Gigliotti	2016		19.03	Jeremy Butkus	2017
19.57	Nikki Merloni	2015		19.05	John Smart	2010
19.93	Haley Rao	2016		19.59	Arthur Wang	2016
19.93	Natalia Arjona	2021		19.62	Jack Coakley	2013
1:06:54	Ava Dittenhafer	2024	400m Hurdles	1:00.31	Thomas Marsh	2012
1:07.95	Samantha Otten	2010		1:00.94	Brandon Barker	2018
1:11.48	Chloe Covell	2017		1:01.23	Quincy Carter	2024
1:11.62	Sydney Jablonowski	2016		1:05.21	Aditya Kansal	2022
1:20.80	Samisha Irizarry	2023		1:05.64	John Almeida	2014
1:23.09	Emilia Agostinelli	2021		1:05.99	David Ezech	2022
1:29.38	Breanna Tulig	2013		1:08.85	Charlie Miskis	2021
				1:09.12	Ryan Kaufman	2023
				1:09.39	Ben Colledge	2016
				1:09.44	Jack Coakley	2013

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Girls Top 10	Name	Year	Event	Boys Top 10	Name	Year
18' 3.5" (0.0)	Alyssa Zee	2016	Long Jump	22-9	Kevin Turner	1977
16' 3"	Patty Agben	2018		20' 8.25"	Keshawn Graham	2024
16' 3"	Carly Muscaro	2011		19' 5.5"	Declan Vento	2024
16' 1.5"	Katie Landry	2017		19' 4.75"	Diego Pintiero	2002
15' 8.5"	Isabella Tirabassi	2017		19' 0.75"	Jeremy Butkus	2017
14' 6.5"	Alyssa Perkins	2009		18' 6"	David Sales	2024
14' 3.5"	Ava Dittenhafer	2024		18' 6"	Jala Bellofatto Debo	2018
14' 3"	Emma Landry	2018		18' 3"	Ryan Kaufman	2023
14' 3"	Casey Bennett	2009		17' 8"	Christian Vankleeff	2012
14' 0.5"	Chloe Covell	2015		17' 5.5"	Michael Long	2023
37-2	Cassandra Wheeler	1986	Triple Jump	42-4	Jim Towne	1980
36' 4.5"	Alyssa Zee	2015		41' 8"	Jeremy Butkus	2017
32' 3"	Hannah Daly	2010		37' 9.5"	Dimitri Rozakeas	2024
31' 5.25"	Meredith Daly	2009		37' 1"	Ryan Kaufman	2024
31' 4"	Kaitlin Dreyer	2010		36' 11"	Patrick Ezech	2021
29' 3.75"	Sabryna Reyes	2018		36' 9.5"	Man VanDerSchijff	2007
28' 10"	Megan Ianiro	2013		35' 2"	Ryan Kaufman	2023
28' 9"	Erin Mahan	2018		34' 11.5"	Quincy Carter	2024
28' 7"	Katherine Goldberg	2013		34' 8.5"	David Ezech	2021
28' 6"	Claudia Consiglio	2024		34' 8"	Austin Zeliffe	2012
5'6"	Cassandra Wheeler	1986	High Jump	6'6"	Tom Fleet	1978
5' 4"	Kaitlin Dreyer	2009		6' 5"	Jeremy Morse	2004
4' 10"	Natalia Melnick	2024		5' 8"	Cole Lewis	2024
4' 10"	Lauren Donovan	2024		5' 6"	Jala Bellofatto Debo	2017
4' 9.75"	Lauren Courtney	2003		5' 6"	Austin Zeliffe	2013
4' 8"	Julia Doucette	2015		5' 6"	John Smart	2010
4' 8"	Brittany West	2003		5' 4"	Patrick Ezech	2021
4' 7"	Katie Landry	2018		5' 4"	Charlie Miskis	2021
4' 6"	Ellen Child	2024		5'2"	Ronan Kyatsandra	2024
4' 5"	Erin Keavney	2012		5' 2"	Iain Doucette	2021
				5' 2"	Mike McSweeney	2016
				5' 2"	Max Teibel	2011
34' 5.5"	Katie Landry	2018	Shot Put	51-8	Jeff Wenzell	1969
30' 6"	Katherine Goldberg	2012		45' 4.75"	Zach Sannicandro	2007
30' 1.25"	Kate Voorhees	2005		43' 9.75"	Daniel Zayac	2023
28' 11.25"	Casey Bennett	2009		38' 7"	Nicholas Massauro	2016
27' 9.5"	Gwyneth Ivory	2012		36' 10.5"	Johnny Hampson	2021
26' 4.5"	Leah Glassman	2017		35' 6.25"	Ethan Ciniello	2024
25' 2"	Keara Flynn	2016		35' 3.25"	Larry Gillis	2016
24' 4"	Cailan O'Leary	2016		35' 3"	Nitish Salvi	2022
23' 11.5"	Natalie Feuerman	2017		34' 7.5"	Danny Cunis	2014
23' 7"	Marcella Cote	2024		34' 2.25"	Ryan Kaufman	2024

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140' 5"	Samantha Otten	2010	Javelin	167-0	Dean Schofield	1980
123' 1"	Katie Landry	2017		147' 4"	Robert Townsend	2019
87' 3"	Kristen Szolomayer	2005		128' 2"	Dean Fantaci	2014
85' 9"	Ryann Lima	2019		126' 6"	Quincy Carter	2024
85' 3"	Kendall Palin	2015		121' 11"	Ben Colledge	2016
77' 11"	Cailan O'Leary	2015		119' 8.25"	Tyler Kondrat	2023
71' 6"	Nora Quitt	2023		118' 10"	Dominic Massauro	2017
70' 10'	Ayla Hallock	2024		111' 0"	Dominic Pisello	2017
70' 2"	Megan Ianiro	2011		111' 0"	Peter Kirk	2010
69' 6"	Elizabeth Cahill	2015		110' 6"	David Ezeh	2021
102-7	Gina Coniglio	1991	Discus	147-8	Frank Massauro	1991
71' 2"	Grace Lee	2015		114' 8"	Dominic Pisello	2017
65' 3"	Poala Muwanga	2022		101' 4"	Ethan Ciniello	2024
64' 5"	Cailan O'Leary	2016		100' 1"	Jack Callahan	2024
63' 5"	Leah Glassman	2017		97' 11"	Nitish Salvi	2021
60'4"	Allison Hickey	2024		91' 4"	Daniel Zayac	2023
56' 06"	Caroline Burrell	2024		85' 1"	Andrew Martin	2024
56' 01"	Marcella Cote	2024		83' 11"	Sricharan Vijayakum	2023
54' 6"	Allishba Syeda	2023		83' 1"	Robert Townsend	2018
53' 00"	Robin Lester	2024		81' 3.5"	Tyler Kondrat	2023
3989	Katie Landry	2018	Heptathlon/Decathlon	4689	Jeremy Butkus	2017
				3748	Ryan Kaufman	2023
				3667	Tyler Kondrat	2023
				1967	Chase Fischer	2017
			Pole Vault	13-2	Andy VanBeek	1993

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